Fitness & Sports



Photo by A1C Robert H. Gerlach

Knocked away

Incirlik's Fantonion Adams (7) knocks the ball away from Lakenheath's Garth Reynolds (33) Wednesday during opening-day action of the USAFE men's basketball championships. Lakenheath won the game 78 - 70. The championships game is 1 p.m. Sunday at the sports and fitness center.

Sports Shorts

Hockey events

The 3rd Air Force varsity ice hockey team plays at the Peterborough Ice Rink several times in March. The Jets play against the Geillkirchen Canadian Air Force Team at 4:30 p.m. Saturday and Sunday. The Jets play the Nottingham Oak Leafs at 12:30 p.m. March 23. The final game of the month is at 12:30 p.m. March 29 against the British Division opponent, the Bracknell B-52s.

Admission for all games is free. For more information, call Ext. 1952 or the ice rink at (01733) 260222.

Soccer officials needed

People interested in officiating soccer should contact Scott Blake at Ext. 2447. The season begins in April and ends in the second week of June.

USAFE championships

The USAFE men's basket-ball championships continues this weekend. Varsity teams from RAF Lakenheath, RAF Mildenhall, Spangdalhem AB, Ramstein AB, Incirlik AB and Aviano AB participate. The championship game is at 1 p.m. Sunday. Call Ext. 3607 for more information.

Step classes

Step aerobics classes are from 7 - 8 p.m. Mondays, Tuesdays and Thursdays at the RAF Feltwell elementary school. For more information, call Ext. 5076.

Soccer registration

Registration for the youth spring soccer season continues through March 28. The league is for youth ages 5 - 18. Register at the youth center any time during operating hours or call Karl Pfoor at Ext. 3735 for details.

Traveling leagues

Tryouts for the traveling softball and baseball league for youth ages 13 - 18 are 9 a.m. - 4 p.m. Saturday and 1 - 6 p.m. Sunday at the RAF Feltwell fields. The tryouts consist of

practice and evaluations. For more information, call Karl Pfoor at Ext. 3735.

Coach certification

A soccer coaches certification clinic is Wednesday and Thursday at the youth center. This class is for first-level certification. A second-level certification clinic is March 26. All sessions begin at 5:30 p.m. Coaches must pre-register for the clinics. Call Karl Pfoor at Ext. 3735 for information.

Skating lessons

Registration for skating lessons are through Sunday at the skating rink. For details and price information, call Ext. 1627.

Coach recruitment

The fitness and sports center needs a varsity coach for men's softball. Submit a resume to the varsity director by April 15. For more information, call SrA. John Gill at Ext. 2391

Golf specials

The golf course offers a beginner package. The package includes three golf lessons, three rounds of golf, 10 range tokens, three rounds club rental and \$25 off a set of clubs.

In honor of Women's History Month, the golf course offers lessons for women for \$10 and half-price range balls. For more information, call Ext. 2223.

Aero club

The aero club offers a twofor-10 special through March. When members fly 10 hours in one month, they get two hours free. Call Ext. 3152 for details.

30-game offer

Liberty Lanes offers a "Winter Wonderful" 30-game punch card for \$25. The cards are valid until March 31 and may be used any time. Call Ext. 2108 for details.

Skating rink

The skating rink books birthday parties during regular skating sessions. The staff provides games, prizes and face painting for party members. For more information, call Ext. 1627.